

BIRYANI DISHES

Biryani, traditionally known as Akhni (in Bangladesh), is an aromatic pilau-style dish with meat, vegetables or seafood. Originating from the Mughal cuisine of the 16th-19th centuries, it was a festive dish, costly to prepare and eaten mainly in the royal courts.

Chicken / Vegetable	9.95
Chicken Tikka / Lamb	10.95
Prawn	10.95
King Prawn	13.95
The Spiced Mango Royal Mixed Biryani	14.95

VEGETARIAN DISHES

Most of our Vegetarian dishes can be prepared to strict Vegan standards. Please inform a member of our waiting staff.

Mushroom Palak	4.45	7.95
<i>Chestnut mushrooms with spinach.</i>		
Bhindi Bhaji	4.45	7.95
<i>Okra, lovingly fried with olive oil and sesame seeds.</i>		
Baingan Bhaji	4.45	7.95
<i>Smoked aubergine mash with cumin, chilli and coriander leaves.</i>		
Paneer Khata Pyaz	4.45	7.95
<i>Cubes of unsalted, Indian white cheese, cooked with pickled shallots.</i>		
Gobi Methi Muttar	4.45	7.95
<i>Cauliflower florets, fenugreek leaves and peas with onions and tomatoes.</i>		
Saag Paneer	4.45	7.95
<i>Cubes of unsalted, Indian white cheese, cooked with spinach.</i>		
Bombay Aloo	4.45	7.95
<i>Potatoes, cooked with mustard seeds, cumin, chilli and turmeric.</i>		
Sag Aloo	4.45	7.95
<i>Nutritious spinach makes the base for this traditional, healthy Indian side dish, combined with potato and spices.</i>		
Cauliflower Bhaji	4.45	7.95
<i>Cauliflower florets, lightly cooked with ginger & garlic, mixed curry powder, chopped onion, fresh coriander, tomato and turmeric.</i>		
Tarka Dhal	4.45	7.95
<i>Slow cooked lentils with garlic.</i>		
Mushroom Bhaji	4.45	7.95
<i>Sliced Chestnut mushrooms cooked with mild spices.</i>		
Aloo Ghobi	4.45	7.95
<i>Spiced cauliflower florets, sautéed with onions and potato.</i>		
Aloo Paneer	4.45	7.95
<i>Cubes of unsalted, Indian white cheese, cooked with potato.</i>		

ENGLISH DISHES

Sirloin Steak	14.95
<i>Served with fried onions and mushrooms, hand cut chunky chips and salad.</i>	
Fish Bites and Chips	5.95 8.95
Omelette and Chips	5.95 8.95
<i>A choice of chicken, mushroom, cheese or vegetable served with chips and salad.</i>	
Chicken Nuggets and Chips	5.95 8.95
Scampi and Chips	5.95 8.95

SUNDRIES

Steamed Basmati Rice	2.25
Pilau Rice	2.40
Coconut Rice	2.75
Firecracker Rice	2.75
Special Fried Rice	2.75
Garlic Fried Rice	2.75
Lemon & Cashew Nut Rice	2.75
Egg Fried Rice	2.75
Chestnut Mushroom Fried Rice	2.75
Spring Vegetable Rice	2.75
Tandoori Roti	2.10
Plain Naan	2.25
Fresh Crushed Garlic Naan	2.75
Keema Naan	2.75
Peshwari Naan	2.75
Cheese & Onion Naan	2.75
Garlic & Cheese Naan	2.75
Cheese & Chilli Naan	2.75
Paraatha	3.25
Stuffed Paraatha (Veg, Keema or Onion)	3.95
Chapati	0.80
Popaddom (Spicy or Plain)	0.50
Pickle Tray (Small or Large)	2.45 / 3.95
Chips	2.50
Sauces (Curry, Masala, Korma)	3.45
Raita (Plain, Cucumber or Tomato)	1.75

"If you have any dietary requirements or restrictions please inform a member of our staff and we will do our utmost to meet your request, Also please note that fish dishes may contain bones"



15% DISCOUNT
on takeaway orders

OPENING TIMES

MON - SAT 5.00pm-11.00pm
SUN: 5.00pm-10.00pm

Tel: 01924

273500
273392

93 New Road, Middlestown
Wakefield, WF4 4NS

www.thespicedmango.co.uk

APPETISERS

The Spiced Mango Special Chicken	5.45
<i>Strips of tender chicken breast, coated in a mild, zingy lime & coriander dressing, then grilled in the tandoori oven. Served on a sizzling plate, with shavings of mozzarella and a dash of tamarind dressing.</i>	
Mixed Kabab	4.75
<i>Mixture of Sheek Kabab, Chicken Tikka, Lamb Chops and Onion Bhaji.</i>	
Spiced Mango Mixed Platter for 2	9.95
<i>A mix starter for two people comprising a mixture of Chicken Tikka, Fish Pakora, Spicy Lamb Chops, Onion Bhajis and Chicken Pakora.</i>	
Tandoori Style Duck	5.45
<i>Diced breast of Gressingham Duck marinated in herbs then grilled with onions and peppers in the Tandoori oven served with salad.</i>	
Spicy Tandoori Lamb Chops	4.45
<i>Tender lamb on the bone marinated in natural herbs & then roasted in the grill.</i>	
Sylheti Paratha	4.45
<i>Shallow fried bread filled with chicken and garlic mushrooms in a lightly spiced creamy white sauce.</i>	
Selection of Mini Samosa (Vegetable or Meat)	3.45
<i>Crispy mini samosa.</i>	
Chicken Tikka	3.95
<i>Tender pieces of chicken breast (off the bone) slow cooked on a chargrill.</i>	
Chat Masala	3.95
<i>Tender pieces of chicken breast, potatoes and tomatoes, spiced with hot and sour sauce served with a crispy puri.</i>	
Sheek Kababs	4.25
<i>Spicy minced lamb, cooked on a skewer in the tandoori oven served with a salad.</i>	
Pakora (Chicken or Fish)	3.95
<i>Pieces of chicken or fish coated in spicy batter and deep fried. Served with a mixed salad and yoghurt sauce.</i>	
Chittagong Fish Supreme	5.95
<i>Cooked with one of the favourite fish (Tilapia) of Bangladesh. Marinated with special fish spices and mustard. The fish is shallow fried and presented on a beautiful sauce, comprising of coconut cream and lime.</i>	
Griddled Roasted Fish (Maas Biraan)	5.45
<i>Tilapia marinated in a spicy preparation and slow roasted on a griddle & served on a bed of onions with a lemon, cucumber and tomato garnish.</i>	
King Prawn Lazuk	5.95
<i>King prawns cooked with chunks of onion & fresh green chilli.</i>	
Bhoona King Prawn / Prawn Puri	6.45 / 4.45
<i>Succulently spiced prawns in a dry medium spiced sauce served on a deep fried pancake.</i>	
Goan Monkfish	6.95
<i>Grilled Monkfish, cooked with chillies, chunks of onions, herb, spices and fresh mango to leave a hot and sweet taste.</i>	
Tandoori King Prawn	6.45
<i>King Prawns marinated in herbs and spices then grilled in the tandoori.</i>	
Paneer Shashlik	4.45
<i>Indian cheese, marinated in spices, grilled with pieces of pepper and onion.</i>	
Onion Bhajis	3.45
<i>Deep fried spiced onion balls.</i>	
Bhel-Puri (Bengali Street Food)	3.45
<i>Pieces of new baby potato, white chickpeas, Bombay mix, sev-mamra (puffed rice, savoury noodles, peanuts, onions), briskly mixed with sweet & sour tamarind, mango sauce, and green chilli, and then topped with fresh yoghurt.</i>	
Samosa Chaat (Bengali Street Food)	4.25
<i>Light, crispy pastry, stuffed with new baby potatoes, garden peas, seasoned with fresh coriander, fried, and topped with chickpeas, fresh yoghurt and a tamarind sauce.</i>	

SIGNATURE DISHES

Chingri Daab	13.95
<i>King prawns with grated coconut, coconut milk, fresh green chilli & black mustard seeds. garnished with fresh coriander.</i>	
Spiced Cinnamon Duck (Not available to takeaway).....	18.95
<i>Whole breast of Gressingham Duck, marinated in our own spices and cooked with cinnamon & Manuka honey in our clay oven. Presented with a sweet spicy sauce & stir fried vegetables.</i>	
Spiced Mango Chicken Tikka Masala	10.45
<i>Our own interpretation of this famous dish. Sweet & Mild.</i>	
The Spiced Mango Special Monkfish	15.95
<i>Lightly spiced Monkfish cooked with chunks of onions and peppers, green chilli & mango sauce to give a sweet and hot taste. Served with steamed rice.</i>	
Firecracker (Chicken or King Prawn).....	12.95 / 14.95
<i>A Fiery mix of chicken or king prawns, red and green peppers, onions, garlic and red hot chillies. Served with onion rice, garnished with fresh lime and coriander. A very hot dish.</i>	
Spicy Tamarind Chicken	12.95
<i>Seared breast of chicken, marinated with garlic, mustard and mixed spices. Roasted in tandoori oven and then cooked in a sauce comprising tamarind oil and flaked red chillies. to leave a fiery sweet taste.</i>	
Spiced Monkfish	15.95
<i>Monkfish marinated in a delicate tomato & coconut sauce and then lightly grilled, decorated with Chef's special mustard-based sauce and served with lemon rice.</i>	
Saffron Salmon	14.95
<i>Fresh, griddled Salmon, seasoned with black pepper, and then gently cooked in our own saffron sauce. Served with lemon rice.</i>	
Naaga Pepper Masala (Hot)	9.95
<i>Succulent pieces of chicken and lamb cooked with onions, tomatoes and crushed peppercorn and scotch bonnet peppers. For the Braveheart in you!</i>	
Bengali Lamb	10.45
<i>Tender steamed lamb cooked with strong spices, onions, mixed peppers, cherry tomatoes on the vine, fresh lime. Garnished with spring onions and fresh coriander.</i>	
Sabzi Naaga Lamb (Hot)	10.95
<i>Succulent lamb, lovingly cooked with winter vegetables & our own blend of spices. A hint of naaga adds a distinctive taste & aroma to this dish from the heart of Bangladesh.</i>	
Balti Butter Chicken	9.95
<i>A delicately spiced, mild and creamy curry cooked with coconut, cream and Balti spices. Ideal for those stepping up from a korma.</i>	
Sylheti Chicken or Lamb	8.95 / 10.45
<i>Chicken or lamb marinated in a crushed garlic sauce, then briskly sautéed with garlic infused oil and pickled green chillies. Garnished with fresh, sliced red chillies. A spicy dish!</i>	
Bindi Gosht	10.45
<i>Tender pieces of lamb, cooked with okra (ladies' fingers), garnished with cherry tomatoes and fried onions. A hearty dish best enjoyed with chapattis.</i>	
Srimangal Chicken or King Prawn	8.95 / 12.95
<i>Our own blend of special spices and Indian orange zest brings out a lot of excitement to this traditional dish, sourced from the Srimangal region of Sylhet, Bangladesh. A delightful recipe.</i>	
Chicken or Lamb Palak	8.95 / 10.45
<i>Chicken or Lamb, cooked with chopped spinach leaves in a thick onion and tomato masala. Seasoned with fresh spices.</i>	
Chicken Tikka or Lamb Masala Desi	8.95 / 10.45
<i>A medium spiced authentic curry.</i>	
Chicken Madhu	8.95
<i>Fresh fillet of chicken, slowly cooked in fresh cream with ground cashew nuts, and a touch of honey. A rather mild dish.</i>	
Curried Honey Mustard Chicken	8.95
<i>Boneless chunks of chicken slow cooked in Indian butter, honey and peppered mustard & spicy curry powder.</i>	
Grilled Sea Bass	12.95
<i>Fillet of sea bass marinated with pickling spices, cooked on a grill, served with spiced potato & steamed asparagus tips</i>	

HEALTHY DISHES

Cooked with olive oil.

Spiced Mango Duck	12.95
<i>Grilled Gressingham Duck cooked in a freshly made spiced sauce, with garlic, chillies, onions and spiced mango.</i>	
Calcutta King Prawn Curry	13.95
<i>An unusual home recipe of fresh coconut, green chilli, cucumber & onion seeds.</i>	
Methi Chicken	8.95
<i>Chicken cooked in a thick vibrantly spiced tomato masala with fenugreek leaves.</i>	
Chicken or King Prawn Chilli Roshun (Hot)	8.95 / 12.95
<i>Gently sautéed in fresh garlic & onions then briskly cooked on a bed of split green chillies, crushed peppercorn and our selection of spices.</i>	
Aromatic Lamb Handi	11.95
<i>Succulent lamb cooked with olive oil, onions, garlic, ginger, green chillies, black pepper and garam masala. A medium to hot dish</i>	

SIZZLING DISHES

"Served with a delicious crispy salad and cooling mint yoghurt sauce"

Chicken or Lamb Tikka	8.95 / 10.95
<i>Boneless chunks of chicken or lamb marinated in low fat yoghurt, ginger and garlic extract. Traditionally cooked in an extremely hot clay oven.</i>	
Salmon Shashlik	14.95
<i>Cutlets of Salmon, onions & peppers marinated in a mélange of spices and served with a Sylheti salad.</i>	
Tandoori Chicken (On the bone)	9.95
<i>Incredibly tender, juicy half chicken with a crisp smokiness and the exotic flavours of toasted cumin and coriander with garlic and ginger.</i>	
Tandoori Mixed Grill	13.95
<i>Tandoori chicken, pieces of chicken tikka, lamb tikka, tandoori king prawn, sheek kebab and lamb chop, served on a bed of sizzling sautéed onions.</i>	
Tandoori King Prawn	12.95
<i>Succulent king prawns marinated in a blend of the finest herbs, spices and natural yoghurt. Once the flavour has been absorbed they are skewered over flaming charcoal embers.</i>	
Shashlik	9.95
<i>A dish consisting of marinated cubes of chicken cooked in a hot clay oven with slices of onion, peppers, tomato & courgette.</i>	
King Prawn Shashlik	14.95
<i>A dish consisting of marinated jumbo sized prawns cooked in a hot clay oven with slices of courgettes, onion, peppers, and tomato.</i>	
Peppered King Prawn	12.95
<i>King prawns stir fried with bell peppers, garlic, black pepper & a hint of chilli.</i>	

TRADITIONAL DISHES

Old School favourites are also available

• Korma • Makhan • Masala • Pasanda • Curry • Bhuna • Dopiazza • Rogan Josh • Dhansak • Karahi • Jalfrezi • Balti • Pathia • Madras • Vindaloo

The aforementioned dishes are all available with the following:

Chicken or Vegetable	7.95
Chicken Tikka or Prawn	8.45
Lamb or Keema	9.95
King Prawn	11.95
Fish (Pangash - Basa Fish)	8.95
Special Mixed (Chicken, Lamb & Prawn)	9.95
Gressingham Duck	11.95