



Soup and Regular Sandwiches

Homemade soup with our own brown bread	4.5
Soup 'n' regular sandwich of your choice	8.0
Selection of regular sandwiches (two fillings) Choose toasted or plain on bread, bagel or wrap Fillings: Ham off the bone. Grilled chicken breast. Dolphin friendly tuna. Cheddar cheese. Dubliner cheese. Mixed salad leaves. Shaved roast beef. Cajun chicken Extra fillings .50 c each	4.5

Gourmet Sandwiches

Parma ham, smoked chicken, french brie and vine tomatoes with sweet onion relish on ciabatta bread	7.9
Carragline herb cheddar cheese, peppers, tomatoes, mixed leaves onion and cucumber with country chutney on black olive ciabatta	7.9
Baby prawns, organic smoked salmon, philadelphia cream cheese and avocado with rocket leaves, seafood sauce on our own homemade brown bread	9.9
Baked off the bone Irish ham with herb cheddar, vine tomato and sweet pepper relish on French baguette	8.5
Dolphin friendly tunafish with sweetcorn, rocket, mixed leaves, swiss emmental and balymaloe relish on ciabatta	7.9

Add fries to any sandwich – skinny €1.50 handcut €2.00



Salad Bowls

Classic Caesar- cos lettuce, grilled chicken, toasted croutons	10
crispy bacon and shaved parmesan in our own caesar dressing	Small 7
Roasted Mediterranean vegetables on a bed of moroccan flavoured cous cous, crumbled goats cheese and sweet chilli dressing	10
Fresh crab bound in a wasabi mayonnaise topped with avocado and served with a tossed seasonal salad and brown bread	10
Pasta salad with organic sunblush tomatoes, avocado chunks, feta cheese, black olives and fresh basil with a pesto dressing	10
Panfried garlic mushrooms and crispy bacon with baby roast new potatoes tossed through balsamic dressed salad leaves	10

All salad bowls are served with garlic ciabatta or brown bread

Platters

Platter of Charcutiere with parma ham, salami, chorizo, ham off the bone, buffalo mozzarella, marinated olives, sundried tomatoes and a chunk of french bread drizzled with extra virgin olive oil.

For one €12 To share €20

Perfect with a glass of our Beronia Tempranillo!! €5.00

Irish cheese board with St brendans Irish brie, Carragline herb cheddar and castlebellingham blue cheese served with grapes water biscuits and organic apple chutney

For one € 8.0 To share € 15

Try a glass of Coburns late bottle vintage with your cheese €4.00



Gourmet Toasties

Grilled chicken breast, crispy bacon, homemade herb stuffing, vine tomato and mixed leaves with garlic aioli on tomato and basil ciabatta	8.0
Baked ham off the bone, organic sunblush tomatoes and dubliner cheese with mixed leaves on a french baguette	8.0
Smoked chicken, cooleney Irish brie, crispy bacon and sweet pepper relish on a ciabatta	8.5
Triple decker club sandwich with oven roasted chicken, crispy bacon Vine tomatoes and free range fried egg, lettuce, mayo and skinny fries	10

All sandwiches served with a salad garnish and red pepper relish

Hot Panini

Baked ham off the bone with Cooleney Irish brie and caramelised red onion chutney	7.5
Baked chicken breast flavoured with cajun spices and mature dubliner cheddar cheese with sweet chilli mayonnaise	7.0
Goats cheese, organic sundried tomatoes and rocket with fresh pesto	7.5
Dolphin friendly tunafish, sweetcorn, swiss emmental cheese and ballymaloe relish	7.5
Parma ham, salami and chorizo with mozzarella, red pepper relish and fresh pesto	8.0
Shaved beef sirloin, red cheddar cheese and red onion marmalade	8.0



Lunch Mains

Relish Burger topped with crispy bacon, homemade red onion marmalade and melted dubliner cheddar cheese, served in a garlic ciabatta bun with mixed salad leaves and chunky chips	12
Homemade chicken fillet goujons marinated and rolled in crispy breadcrumbs served with mixed salad leaves and garlic mayonnaise	8.0
Homemade crab cake with fresh coriander, mixed salad leaves and wasabi mayonnaise	8.0
Relish spaghetti carbonarra with smoked chicken, bacon, mushroom In a creamy garlic and white wine sauce topped with shaved parmesan	11.0
Quesadilla filled with cajun flavoured chicken breast, red cheddar cheese and a mango and chilli salsa served with skinny fries, mixed salad leave and a sour cream dip	12.0
Steak sandwich – pan fried 6oz sirloin with creamy pepper sauce, saute mushrooms and onions in toasted ciabatta with chunky fries and mixed salad leaves	15.0
Penne pasta with organic smoked salmon, prawns and garden peas in a fresh cream and garlic sauce topped with shaved parmesan	14.0
Roasted Mediterranean vegetables tossed in a tomato, garlic and sweet chilli sauce, served on a bed of pasta with toasted garlic ciabatta and fresh parmesan	10.0

All our food is cooked to order so please allow sufficient time for cooking

Garlic Bread €3.50 Skinny fries €3.00 Chunky chips €4.00 Dips €1.00



Breakfast Time

Served 9.30am – 12.00

Fresh fruit bowl with greek yoghurt and blossom honey pot	5.0
Organic Granola infused with apple and gooseberry served with mixed berry compote and greek yoghurt or milk	5.5
Go Continental	7.0
Any morning pastry, or toast, fresh orange juice, tea/coffee	
Toasted croissant filled with melted brie, homebaked ham and redcurrant jelly	5.0
Free range eggs cooked any style with grilled bacon and served with our own toasted homemade brown bread	7.0
French toast with crispy bacon and canadian maple syrup	6.5
Veggie Brunch	7.5
Our brown bread toasted and spread with homemade red pepper relish and topped with two poached eggs, saute mushrooms and melted dubliner cheddar cheese	
Relish Breakfast	10
Two free range eggs cooked any style, crispy bacon, Andrew Callaghan's award winning sausages and black pudding, saute mushrooms and served with toast, tea or coffee	





All day pastries and desserts

Danish selection	2.5
Croissant plain or toasted with butter and homemade jam	2.5
Homemade scone with butter and our own jam	2.5
Selection of Namoi's Homemade Muffins!	3.5
Choose from Blueberry, lemon and poppyseed, pear and Cinnamon, Fresh raspberry and vanilla or Double Chocolate	
Toasted Bagel with butter and jam	2.5
Toasted Bagel with cream cheese	3.5
Toasted Bagel with cream cheese and bacon	4.5
Toasted homemade brown bread with butter and our jam	2.5
Regular toast with butter and marmalade	2.0
Cadburys snacks pink or yellow	1.5

Please see blackboard for our homemade desserts and cakes from 3.00

Soft Drinks

Smoothie see blackboard for todays flavour	3.9
Freshly squeezed orange juice	3.0
Cranberry and hibiscus health drink	3.0
Coke,diet coke, 7up, club orange, lucozade	2.0
Italian still and sparkling mineral water	2.5
Lorina French lemonade natural or sparkling	2.9
Glass of Milk	1.5
Bottle of Corona or Budweiser	4.5
Wine – please see our list	



Relish Coffee and Global Teas

Freshly ground coffee (americano)	Cup 2.2	Mug 2.5
Cafetiere of fairtrade java coffee		3.0
Cappuccino with flake chocolate		2.5
Large cappuccino with, double espresso and flake chocolate		2.9
Café latte, double espresso topped with steamed milk		2.8
Hot chocolate with marshmallow, whipped cream and flake		3.0
Mocha, double espresso,dash of chocolate, steamed milk		2.9
Single espresso		1.6
Double espresso		2.0
Flavoured lattes, caramel, vanilla, hazlenut.		3.0
Tea for one		2.0
Tea for two		4.0
Herbal tea infusions (see menu)		3.0



We are now selling our homemade brown bread, jam and cakes for to take home.

Price List

Wholemeal Brown Bread.....€4.50
Mixed Berry Jam.....€4.00

Cakes

Banoffi Pie..... €24.00
Toblerone Cheesecake.....€24.00
White Chocolate Cheesecake... €24.00
Baileys Tiramisu..... €18.00
Bread and Butter pudding..... €15.00
Apple Crumble/Winter Berry €10.00
Dutch Apple Strudel..... €10.00
Chocolate Brownies (12)..... €24.00
Chocolate and Caramel Squares (12).....€24.00
Victoria Sponge Cake.....€12.00
Mango and Passion Fruit Pavlova.....€24.00

Please order cakes 24hours in advance
We use only fresh ingredients in our cakes, free range eggs, no colourings or preservatives.
Phone: 041-9813344



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Relish Home Catering

Marinated Chicken Tikka Marsala or Korma with basmati rice €8

Chicken a la king with boiled rice €8

Luxury Fish pie with cod, salmon and prawns topped with creamed potatoes €10

Beef stroganoff with boiled rice €10

Beef Bourginonne with boiled rice €10

Beef lasagne with baked potato €8

Mediterranean vegetable pasta baked topped with Dubliner cheddar cheese and baked potato €8

All prices are per person

Customers supply own serving dishes that are oven safe

Food must be collected by customer



Dinner Menu

Castlebellingham Black pudding in filo baskets with red onion marmalade

Warm Smoked Irish Salmon and Avocado Salad, toasted pine nuts

Homemade Crab cake with wasabi dressing

Bruschetta of Panfried garlic mushrooms

Root vegetable and lentil soup

Classic ceasar salad with hot crispy bacon and shaved parmesan

Fillet of Cod with a fresh herb crust on a pesto mash with A white wine cream

Roast Sirloin steak with creamy blackpepper sauce, saute mushrooms (€5.00 supp)

Chicken fillet stuffed with boursin cheese and wrapped in parma ham served with a red pepper relish

Tandoori marinated chicken on a bed of bombay potatoes with fresh mango and chilli salsa, tzatiki dressing

Tossed seasonal vegetables and gratin potatoes

Bailays Tiramisu

Warm Apple Crumble

Toblerone cheesecake

Chocolate fudge cake

Mango and passionfruit pavlova

Coffee or tea

€30



Take Away Menu-9813344

- Homemade Soup and brown bread.....€3.50
- Soup and Sandwich.....€6.00
- Regular Sandwich 2 fillings plain or toasted.....€3.50
- Choose bread, bagel or wrap Extra fillings .75c
- Panini with baked ham, brie and mango chutney€6.00
- Panini with cajun chicken, sweet chilli mayo and dubliner cheddar cheese.....€6.00
- Tuna melt with ballymaloe relish and emmental cheese on homemade brown bread.....€5.00
- B.L.T on toasted brown or white bread/panini....€5.00
- Relish club sandwich with skinny fries.....€9.00

Add skinny fries to any sandwich for €1.00 extra

Cesar salad with hot chicken and crispy bacon
Toasted croutons and garlic bread..... €8.00

Roasted Medtierranean vegetable salad with cous
cous, goats cheese and sweet chilli dressing... €8.00

Asian Noodle salad oriental vegetables and ginger and
soya dressing €7.00

All salads with garlic bread or brown bread



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Free delivery on orders over €25 within a 3 mile radius